

# FLLAC

## EDUCATIONAL COLLABORATIVE

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### Reducing Anxiety in the Classroom by Jessica Minahan, M.Ed, BCBA (One day train the trainer)

With up to one in four children struggling with anxiety in this county, overwhelmed adults are in need of a new approach as well as an effective and easy-to-implement toolkit of strategies that work.

Through the use of case studies, humorous stories, and examples of common challenging situations, participants will learn to implement and train others to implement preventive tools, strategies, and interventions for reducing anxiety, increasing self-regulation, executive functioning, and self-monitoring.

**Bio:** Jessica Minahan, MEd, BCBA, is a board certified behavior analyst, special educator and a consultant to school's nationwide ([www.jessicaminahan.com](http://www.jessicaminahan.com)). Jessica has over seventeen years of experience supporting students who exhibit challenging behavior in urban public school systems. She is a blogger on The Huffington Post, as well as the author of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students*, with Nancy Rappaport (Harvard Education Press, 2012) and author of *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors* (Harvard Education Press, 2014).

**Location:** Double Tree by Hilton, Leominster, MA  
**Date:** Friday, September 15, 2017, 8:30 am - 3:30pm  
**Cost:** \$135.00 member, \$150.00 non-member (includes Continental breakfast and lunch).

**Please use this form to register via mail, fax or e-mail ([mjanuskiewicz@fllac.net](mailto:mjanuskiewicz@fllac.net)).**

I would like to attend: Reducing Anxiety in the Classroom by Jessica Minahan at the Double Tree by Hilton, Leominster, MA, on Monday, September 15, 2017, 8:30 am - 3:30 pm.

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

District/School: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Check Payable to FLLAC Educational Collaborative enclosed.

Purchase Order Number \_\_\_\_\_